

MEN'S HEALTH FOUNDATION 2021 Annual Report





Our Impact

MHF IN NUMBERS

2021 ushered in a new chapter in the COVID pandemic, with Men’s Health Foundation being one of the first organizations in the country to offer COVID vaccines beginning in the final week of 2020.

Our unique relationship with Southern California Men’s Medical Group, a private practice operating in West Hollywood since 1999, allows us to provide, maintain, and improve access to the highest level of primary care, advocacy, and medical case management for men at risk in our service area. The impact quantified below tells this story.

4,523

UNIQUE LIVES CARED FOR IN 2021

| | | |
|---------------|--------------|--------------------------|
| 16,338 | | TOTAL MEDICAL VISITS |
| 4,304 | 26.3% | PrEP Visits |
| 3,143 | 19.2% | Nurse Visits |
| 2,216 | 13.5% | Rapid Results/STI Clinic |
| 1,697 | 10.3% | HIV Care & Treatment |
| 609 | 3.7% | Virtual Visits |

| | | |
|------------|--------------|--------------------------|
| 522 | | BEHAVIORAL HEALTH VISITS |
| 114 | 21.8% | Virtual Visits |



Types of visits

Medical Visits

Specialty care for people with HIV

Biomedical prevention of HIV

Pre-Exposure Prophylaxis (PrEP)

Post-Exposure Prophylaxis (PEP)

STI/HIV Rapid Results

Low-barrier HIV/STI testing and treatment

Nurse visits

Expedited visits for specimen collection, treatments, and vaccinations

Clinical Research

COVID vaccination clinics to respond to public health crisis

Behavioral Health

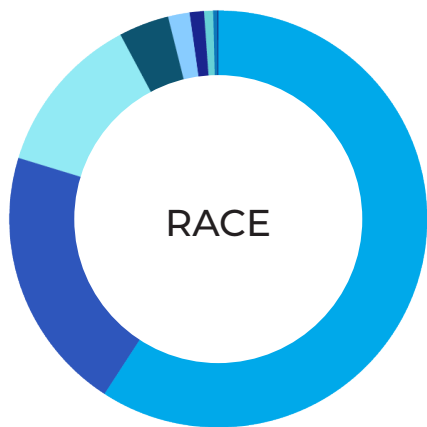
Mental health assessments and treatment planning; treatment provision – individual, couples, and family psychotherapy, and crisis intervention.

Support Services

Medical care coordination, benefits enrollment and navigation, PrEP navigation, health and wellness education and support, and linkage to resources including housing, transportation, and other services addressing social determinants of health.



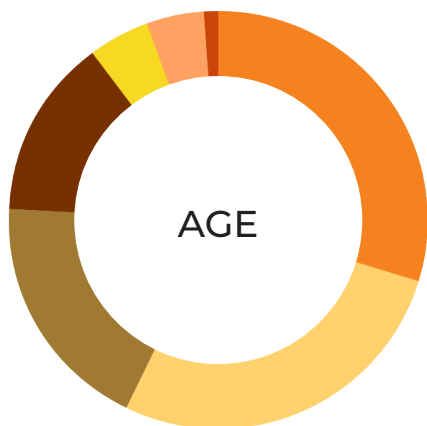
Survey-Collected Patient Demographics



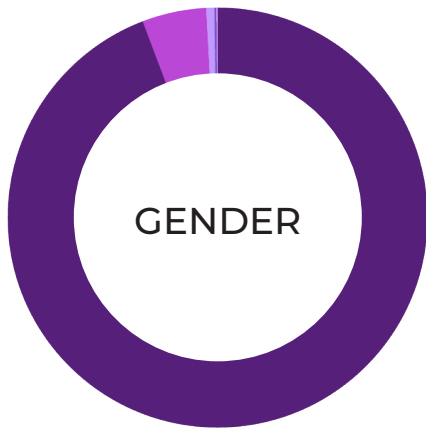
| | |
|--------------|---|
| 2,687 | White |
| 929 | Refused to report or unreported |
| 557 | Black or African-American |
| 176 | Asian |
| 80 | Unknown race |
| 48 | Native Hawaiian or other Pacific Islander |
| 29 | American Indian or Alaska Native |
| 14 | Undefined race |
| 3 | More than one race |



| | |
|--------------|---------------------------------------|
| 2,715 | Do not identify as Hispanic or Latino |
| 956 | Hispanic or Latino |
| 670 | Refused to report or unreported |
| 175 | Unknown ethnicity |
| 7 | Undefined ethnicity |



| | |
|--------------|------------|
| 1,345 | 35-44 |
| 1,253 | 25-34 |
| 836 | 45-54 |
| 630 | 55-64 |
| 209 | 18-24 |
| 208 | 65 & above |
| 42 | 17 & below |



4,267

Cisgender men

216

Cisgender women

29

Transgender women

7

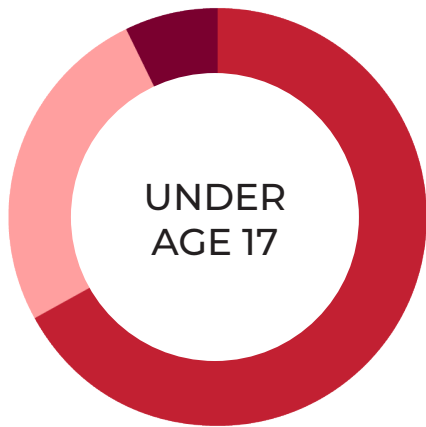
Transgender men

4

Do not identify with the above labels



Patient Insurance Coverage



67%

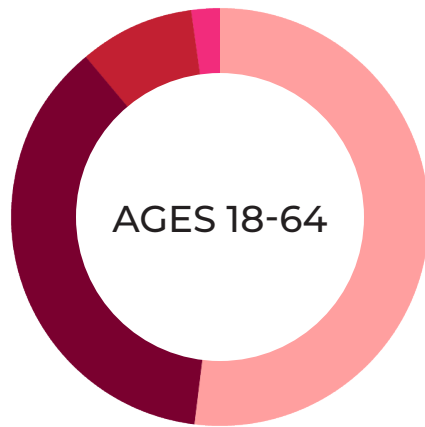
Medi-Cal

26%

Private

7%

Uninsured



52%

Private

37%

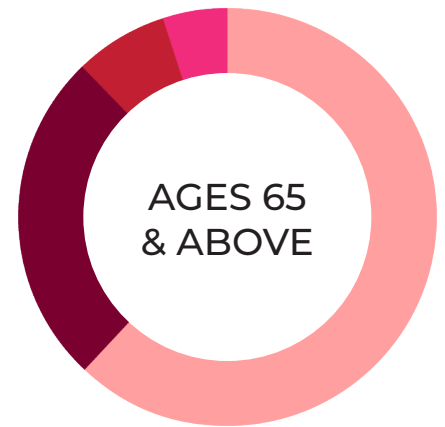
Uninsured

9%

Medi-Cal

2%

Medicare



62%

Private

26%

Uninsured

7%

Medi-Cal

5%

Medicare



Sexual Health Prevention Care & Services

MMD/MHF is one of the premier primary care providers and sexual health practices in Los Angeles County. In 2021, we provided **5,916** screenings and tests for gonorrhea, chlamydia, syphilis, and HIV.

NUMBER OF VISITS FROM PEOPLE LIVING WITH HIV PER LOCATION

| LOCATION | VISITS |
|--|--------|
| MHF Sunset | 6,114 |
| MHF South LA | 200 |
| MHF WeHo | 740 |
| MHF total | 7,054 |
| MHF total office, nurse, annual physical, virtual, telehealth visits | 11,689 |
| MHF total visits | 16,377 |



COVID Vaccinations

6,505 vaccines were administered to **2,792** patients. **62%** of our patient population received vaccines. **57%** of office, nurse, physical visits were for COVID vaccines. **39.7%** of all visits were for COVID vaccines.

COVID-19 TESTS BY RACE

| RACE | COUNT |
|---|-------|
| American Indian or Alaska Native | 6 |
| Asian | 73 |
| Black or African American | 175 |
| More than one race | 1 |
| Native Hawaiian or other Pacific Islander | 10 |
| White | 1,068 |
| Declined to self-identify | 330 |
| Total | 1,663 |

COVID-19 TESTS BY AGE

| AGE | COUNT |
|-------------|-------|
| 0-17 | 39 |
| 18-24 | 21 |
| 25-34 | 375 |
| 35-44 | 539 |
| 45-54 | 330 |
| 55-64 | 293 |
| 18-64 total | 1,558 |
| 65 & older | 66 |
| Total | 1,663 |

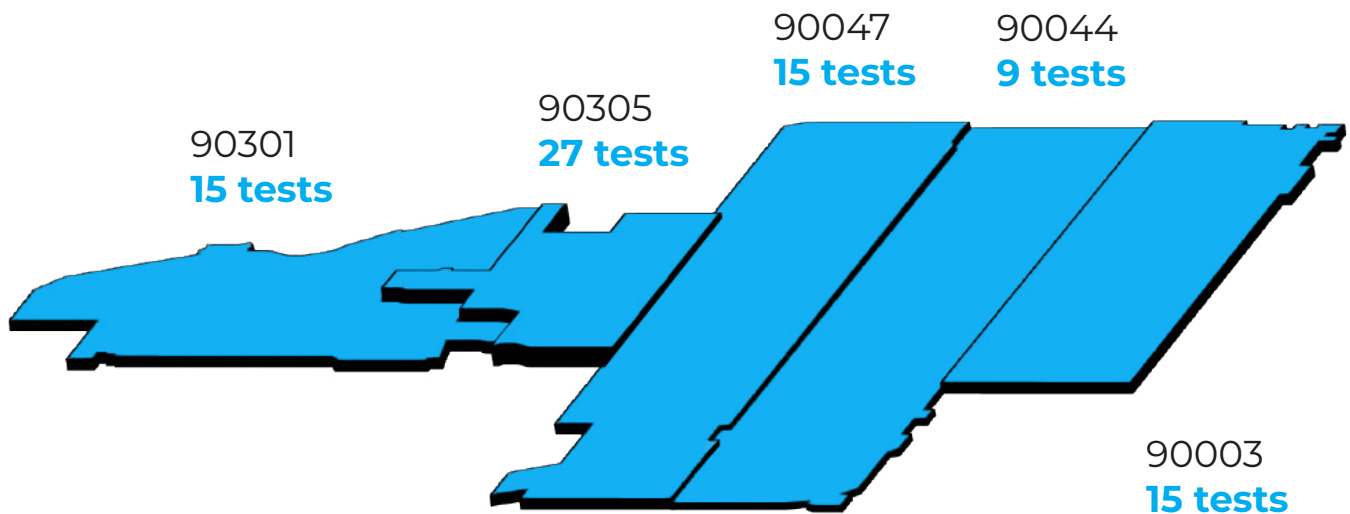
COVID-19 TESTS BY ETHNICITY

| ETHNICITY | COUNT |
|---------------------------|-------|
| Hispanic or Latino | 325 |
| Not Hispanic or Latino | 1,004 |
| Declined to self-identify | 334 |

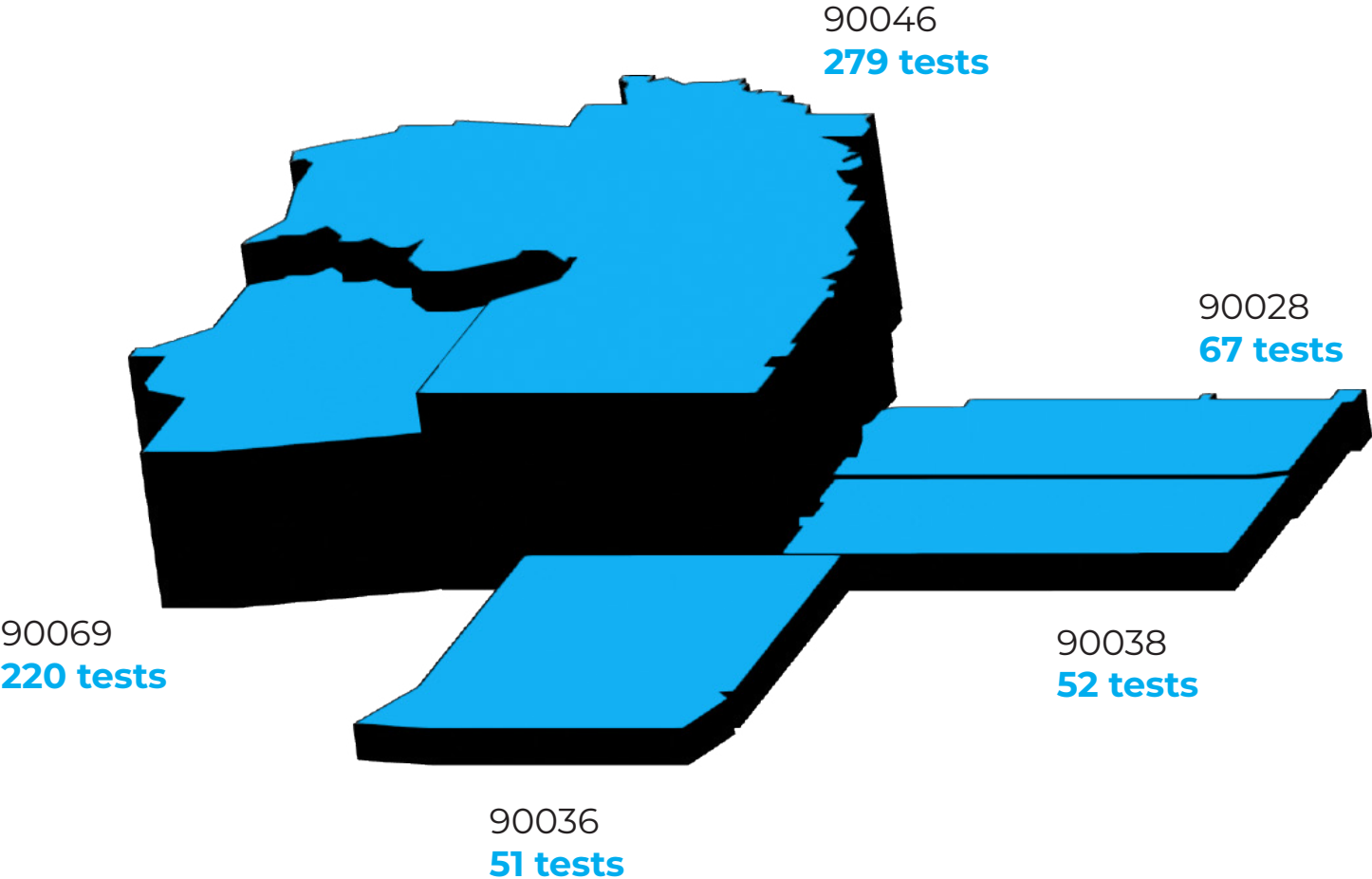
COVID-19 TESTS BY GENDER

| GENDER | COUNT |
|-----------|-------|
| Male | 1,542 |
| Female | 108 |
| Nonbinary | 13 |

COVID-19 TESTS BY ZIP CODE - SOUTH LA



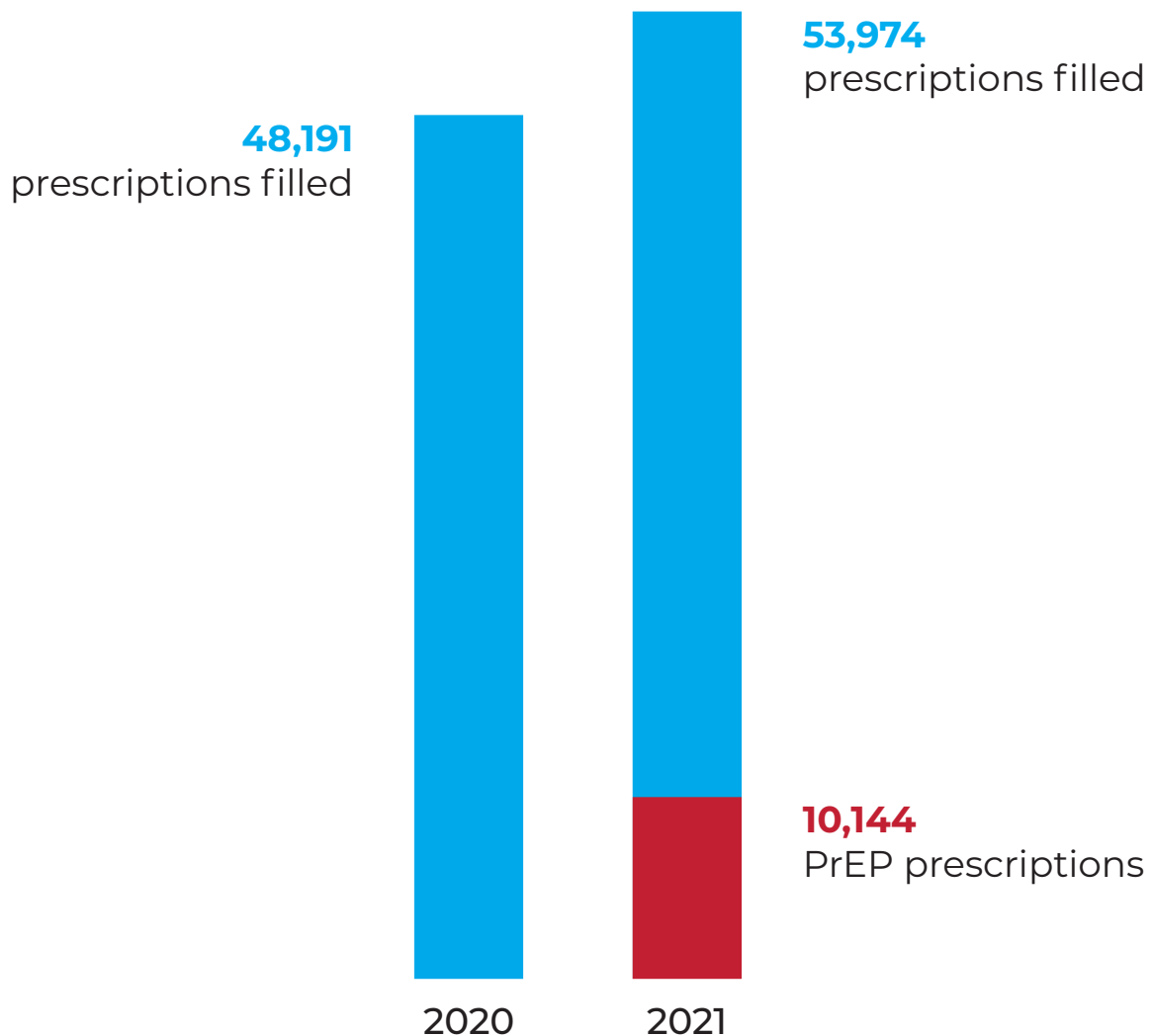
COVID-19 TESTS BY ZIP CODE - WEHO





Our Pharmacy

Men's Health Foundation Pharmacy filled **53,974** prescriptions in 2021 (a **12%** growth compared 2020). Of the **53,974** dispensations, **10,144** were PrEP prescriptions (**19%** of all prescriptions filled in the year). The pharmacy also expanded its services by providing COVID vaccinations to **319** persons. In 2021 alone, our pharmacy saved our patients **\$3,238,235.08** in copay dollars. Amongst all of these efforts, audits by external entities found **0 audit findings**.





Public Programs

Prevention Care Coordination (PCC)

The MHF Prevention Care Coordination (PCC) program supports patients receiving biomedical HIV prevention care in linkage to and retention in care. Biomedical prevention includes PrEP (Pre-Exposure Prophylaxis) and PEP (Post-Exposure Prophylaxis). These modalities leverage the powerful antiretrovirals to prevent HIV infection. PrEP is a medication taken prior to a potential exposure to protect an individual from infection. When taken as directed, PrEP reduces the risk of contracting HIV from sex by about **99%**. PrEP is most commonly taken as a daily pill. Injectable PrEP has been recently approved and represents an exciting new option for patients. PEP is a medication taken after exposure to HIV. When initiated within 72 hours of exposure, PEP can reduce the risk of transmission by over **80%**.

Our PCC team helps patients navigate access to PrEP and PEP every step of the way: from determining eligibility, to obtaining affordable access to the necessary medication, to ensuring that patients stay in care and stay healthy. Through our case management services we work with patients to identify barriers to care. This can include financial barriers for which PCC team members assist patients with identifying and enrolling in assistance programs.

Our PCC Case management services also support patients as an active member of their care team, collaborating with clinical staff to support patient medication adherence, addressing psychosocial barriers to care, and serving as a trusted partner in their care.

In 2021, MHF provided PrEP/PEP services to **1,828** individuals with **1,504 (83%)** receiving assistance or support from the PCC team, including **369** uninsured individuals.



Rapid Results

In 2021, Rapid Results conducted **9,374** tests for both chlamydia and gonorrhea, **3,266** tests for syphilis, and **1,812** tests for HIV, quickly linking all patients with positive test results to care and treatment.

These achievements toward ending the epidemics were made possible with the financial support from and partnership of the California Department of Public Health (contracts 20-10074/16-10446 and 17-10884); the County of Los Angeles Office of Public Health, Division of HIV and STD Programs (contract PH-003078-W1); and the City of West Hollywood.

Launched in the summer of 2020, our Rapid Results express HIV and STI services offer fast STI and HIV testing for all, regardless of age or insurance status. Patients who test positive for HIV or STIs are quickly linked to care and treatment services. Patients who test negative are also offered and linked to other prevention services, including PrEP or PEP.

Through pairing HIV and STI testing with COVID-19 tests, MHF was able to help interrupt disease transmission by attracting eligible individuals and linking those testing positive to vital and timely treatment services, as well as offering essential prevention information to all who tested.

MHF's Rapid Results Express HIV and STI services are funded in part by a grant from the Los Angeles County Department of Public Health, Division of HIV and STD Programs (Contract PH 004158).



SoCal Club

In 2021, SoCal Club continued its successful service to the local community of gay and bisexual Black and Latino young men. We provided outreach and HIV risk assessments to **1,112** individuals. Of these, we screened **211** for behavioral health needs. We also linked **556** and **649** individuals to HIV and STI testing, respectively, and we provided benefits education and navigation services to **453** individuals.

Recognizing the importance of sexual health education and community engagement, **114** individuals participated in a health education class, **191** individuals participated in a

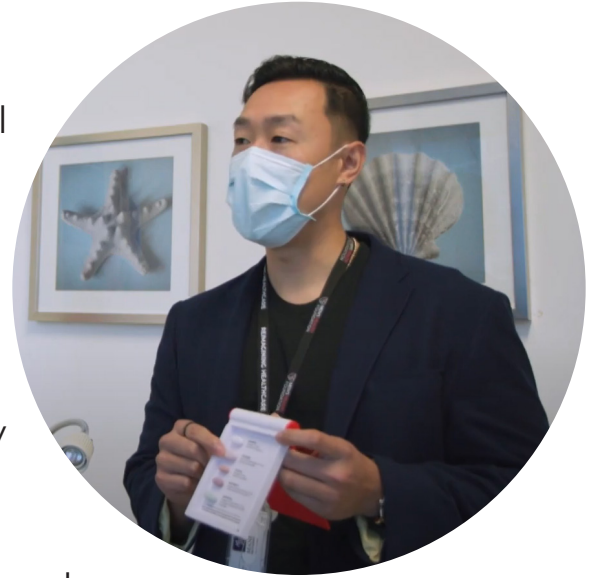


health and wellness activity (such a Zumba, boxing, or dance classes), and **92** individuals participated in a life skills building class.

SoCal Club is made possible in large part by the support and partnership offered by the County of Los Angeles Office of Public Health, Division of HIV and STD Programs (Contract PH-003439); among others.

Services for People Living with HIV

We're deeply committed to providing HIV medical treatment for People Living with HIV (PLWH) regardless of their ability to pay. Our services for PLWH include medical visits with providers and access to prescription medications for those who are uninsured or underinsured. In 2021, **19** uninsured individuals received HIV care through MHF/SoCal MMG, with the overwhelming majority retained in care with undetectable viral loads regardless of their ability to pay.



Over the course of the HIV epidemic, we have learned that many individuals need additional assistance in order to maximize the benefits of medical treatment. This was particularly true during the course of 2021. MHF's Medical Care Coordination (MCC) Team, comprised of nurses, social workers, case workers, and retention specialists, work to identify and work with patients in need of additional support through screenings, periodic assessments, care coordination, brief interventions, case management, and retention in care activities.

In 2021, our MCC team served approximately **185** eligible uninsured and underinsured patients, delivering about **4,084** hours of services. As a result of their tireless efforts, about **185** individuals living with HIV continued to engage in care and thrive.

Behavioral Health Services

Fulfilling our mission of helping all patients lead healthier, happier lives would not be possible without a holistic health approach including mental health services. This was more critical than ever in 2021, when many of the communities we serve battled heightened anxiety, depression, and isolation through COVID-19 lockdowns. Through our SoCal Club, we offered sessions from licensed therapists with the

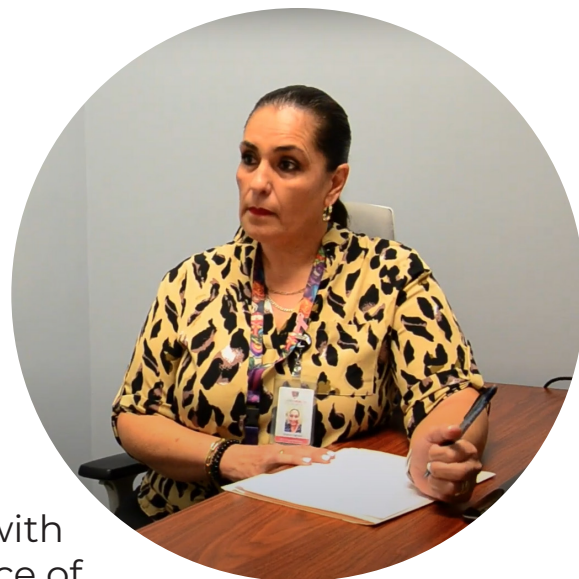


unique cultural competency to serve our patient populations in a variety of contexts, welcoming individuals, couples, families, or groups. Offered virtually for much of 2021 to comply with COVID safety precautions, these virtual sessions held the added benefit of accessibility for LGBTQ+ youth who may have limited at-home support or access to transportation. In 2021, we served **273** unique patients ages 12-29 with our mental health services, and **63** of them received individual therapy/counseling sessions.

Assistance with Health Care Costs

Through its Benefits Assistance Program, MHF offers assistance for uninsured and underinsured patients to enroll with private and public health insurance coverage and other public benefits that will help them secure and maintain quality care and treatment. These programs include Medi-Cal, Medicare, Covered California, the California AIDS Drug Assistance Program (ADAP), and California's PrEP-AP Program, among other public benefits. In 2021, we had **1,491** encounters with patients to assist with enrollment and maintenance of public and private health plans, including many who lost their jobs during the pandemic.

Our Benefits Assistance Program is supported in part by the California Department of Public Health (Contract ES# 1971).



Additional Public Programs Funding

In addition to the strong and generous funding and programmatic partnerships with the California Department of Public Health; the Los Angeles County Department of Public Health, Division of HIV and STD Programs; and the City of West Hollywood; our Public Programs are also possible thanks to the generous support of the The Louis L. Borick Foundation and Broadway Cares/Equity Fights AIDS, and significant allocations from MHF's own General Funds.

Our Financials

